

A Clinical Trial to Assess the Efficacy of a Single-dose of AlphaWave® L-Theanine on Cognitive Function in Healthy Adults With Moderate Stress

NCT07004023

Status	RECRUITING
Phase	Not Applicable
Sponsor	Ethical Naturals, Inc.
Enrollment	40 participants

Key Eligibility Criteria

Inclusion (19)

- Males and females 18 to 60 years of age, inclusive
 - Females not of child-bearing potential, defined as those who have undergone a sterilization procedure (e.g. hysterectomy, bilateral oophorectomy, bilateral tubal ligation, complete endometrial ablation) or have been post-menopausal for at least 1 year prior to screening
 - Or,
 - Individuals of child-bearing potential must have a negative baseline urine pregnancy test and agree to use a medically approved method of birth control for the duration of the study. All hormonal birth control must have been in use for a minimum of three months. Acceptable methods of birth control include:
 - Hormonal contraceptives including oral contraceptives, hormone birth control patch (Ortho Evra), vaginal contraceptive ring (NuvaRing), injectable contraceptives (Depo-Provera, Lunelle), or hormone implant (Norplant System)
- ... and 14 more (see full listing online)

Exclusion (24)

- Individuals who are pregnant, breast feeding, or planning to become pregnant during the study
 - Allergy, sensitivity, intolerance, or dietary restriction preventing consumption of investigational product or placebo ingredients
 - Self-reported confirmation of any significant neuropsychological condition and/or cognitive impairment (e.g., Schizophrenia, bipolar disorder, post-traumatic stress disorder, brain injury, stroke, neurodegenerative disease, infections, insomnia, depression, epileptic or other seizure-related disorders) that could interfere with study participation as assessed by the QI
 - Self-reported color blindness/weakness as assessed by the QI
 - Current employment that calls for rotating shift work or shift work that will disrupt normal circadian rhythm in the last three weeks as assessed by the QI
- ... and 19 more (see full listing online)

Locations (1 total)

KGK Science Inc., London, Ontario, Canada

<https://clinicaltrials.gov/study/NCT07004023>

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