

# Effect of Consuming n-3 PUFAs Rich Foods on Triglyceride Concentration and Lipoprotein Composition

NCT07004777

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Instituto Nacional de Ciencias Medicas y Nutricion Salvador Zubiran
Enrollment	375 participants

## Key Eligibility Criteria

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### Inclusion (12)

- Phase 1
- Signing of the informed consent form
- Both sexes.
- Adults over 18 years of age.
- BMI  $\geq 18.5$  kg/m<sup>2</sup>.

... and 7 more (see full listing online)

### Exclusion (22)

- Any type of diabetes.
- kidney disease diagnosed by a physician.
- Acquired diseases that secondarily cause obesity and diabetes.
- Patients who have suffered a cardiovascular event.
- Weight loss  $\geq 3$  kg in the last 3 months.

... and 17 more (see full listing online)

## Locations (1 total)

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Instituto Nacional de Ciencias Médicas y Nutrición Salvador Zubirán, Mexico City, Mexico City, Mexico