

Tech-Assisted Exercise Training in Chronic Neck Pain

NCT07005076

Status	RECRUITING
Phase	Not Applicable
Sponsor	Afyonkarahisar Health Sciences University
Enrollment	42 participants

Key Eligibility Criteria

Inclusion (5)

- Non-specific neck pain diagnosis
- Having neck pain persisting for at least 3 months
- Having the ability to speak and comprehend Turkish fluently
- A pain score of 3 or higher according to the Numerical Rating Scale
- A score of 5 or higher on the Neck Disability Index

Exclusion (9)

- Having a history of spinal surgery.
- Having an additional musculoskeletal disorder affecting the cervical region and upper extremities (e.g., scoliosis, rheumatoid arthritis, fibromyalgia, etc.).
- Receiving physical therapy and/or other treatments for any reason within the last 6 months.
- Having a diagnosed psychiatric disorder.
- Having a vestibular pathology.

... and 4 more (see full listing online)

Locations (1 total)

Afyonkarahisar Health Sciences University, Merkez, Afyonkarahisar, Turkey (Türkiye)