

# Functional Training and Dynamic Play Exercise on Gross Motor Skills, Physical Fitness, and Balance in Healthy Children

NCT07005440

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Riphah International University
Enrollment	38 participants

## Key Eligibility Criteria

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### Inclusion (9)

- Age 7-10 years
- Both genders
- Cognition MMSE score  $\geq$  25
- Class grades 2-5
- BMI between 5th - 85th percentiles
- ... and 4 more (see full listing online)

### Exclusion (8)

- Pes Planus & Pes cavus
- Scoliosis
- Genu valgum
- Genu varum
- Juvenile Idiopathic Arthritis
- ... and 3 more (see full listing online)

## Locations (1 total)

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Riphah International University, Lahore, Punjab Province, Pakistan