

Safety and Efficacy of Exercise in Type-B Aortic Dissection

NCT07009067

Status	RECRUITING
Phase	Not Applicable
Sponsor	Guangdong Provincial People's Hospital
Enrollment	20 participants

Key Eligibility Criteria

Inclusion (3)

- Patients with a previous diagnosis of type B aortic dissection or intramural hematoma or penetrating ulcer, who underwent endovascular aortic repair (EVAR) or EVAR + supra-aortic shunt surgery for more than 1 month, and no related complications (such as endoleak, stent thrombosis, dissection progression, etc.) were found in the postoperative aortic CTA;
- Able to independently carry out basic daily life activities, participants must be able to complete the baseline assessment and start the designated treatment;
- Patients voluntarily participate in this study, sign the written informed consent, and are willing to cooperate with the follow-up;

Exclusion (13)

- Acute myocardial infarction occurred 1 month ago;
- Combined with severe aortic stenosis or regurgitation;
- Combined with ascending aortic aneurysm or dissection;
- Acute heart failure occurred 2 weeks ago;
- Combined with severe hypertrophic obstructive cardiomyopathy;
- ... and 8 more (see full listing online)

Locations (1 total)

Guangdong Provincial People's Hospital, Guangzhou, Guangdong, China