

Dynamic Neuromuscular Stabilization Exercises in Women With Urinary Incontinence

NCT07009249

Status	RECRUITING
Phase	Not Applicable
Sponsor	Izmir University of Economics
Enrollment	62 participants

Key Eligibility Criteria

Inclusion (6)

- Female gender,
- Voluntary participation in the study,
- Aged between 18 and 62 years,
- Ability to read and write in Turkish,
- No mental disorders that would impair cooperation or comprehension,
- ... and 1 more (see full listing online)

Exclusion (9)

- Prior history of pelvic floor muscle training,
- Presence of any neurological disorder,
- Pelvic organ prolapse stage II or higher,
- Presence of fecal incontinence,
- Pregnancy,
- ... and 4 more (see full listing online)

Locations (1 total)

Izmir University of Economics, Izmir, Ozmir, Turkey (Türkiye)