

Assessing the Effect of Different Grades of Chondromalacia on Static and Dynamic Balance Using Biodex Balance System

NCT07014787

Status	RECRUITING
Sponsor	Cairo University
Enrollment	100 participants

Key Eligibility Criteria

Inclusion (7)

- Age ranged from 18 to 40 years old
- groups include both males and females
- Patients with Grade I, II, III and IV chondromalacia: Confirmation of diagnosis by MRI
- BMI will be ranged from 19.0 to 29.0
- Patients with Unilateral or bilateral chondromalacia.
- ... and 2 more (see full listing online)

Exclusion (4)

- patients have not undergone knee replacement.
- patients have not done Intra-articular injection in the affected knee for the past 3 months.
- Patients with rheumatoid arthritis or other inflammatory arthritis.
- Patients with Vestibular disorders or neurological conditions.

Locations (1 total)

Faculty of physical therapy Cairo University, Giza, Egypt