

# Quadriceps Strengthening ACL Reconstruction

NCT07015541

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Stanford University
<b>Enrollment</b>	40 participants

## Key Eligibility Criteria

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### Inclusion (1)

- no history of knee injury/surgery of the contralateral limb

### Exclusion (4)

- (1) bilateral knee injuries
- (2) prior knee ligament injury and/or surgery
- (3) multiple ligament injuries and/or ruptures
- (4) conditions in which NMES and BFR are contraindicated

## Locations (1 total)

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Stanford Medicine Children's Health, Sunnyvale, California, United States