

# Mirror vs Virtual Reality Therapy for Upper Extremity Function in Hemiplegic Patients

NCT07018336

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Istinye University
Enrollment	42 participants

## Key Eligibility Criteria

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### Inclusion (6)

- Hemiplegic patients in need of upper extremity rehabilitation.
- Having had a stroke 6 to 12 months prior to the study.
- Being at least Stage 3 for the upper extremity according to the Brunnstrom motor recovery stages.
- Age range: between 18 and 75 years.
- Individuals who volunteer to participate in the study.

... and 1 more (see full listing online)

### Exclusion (4)

- Patients with severe spasticity (score e 3 on the Modified Ashworth Scale)
- Individuals with secondary neurological conditions (e.g., Parkinson's disease, multiple sclerosis).
- Individuals diagnosed with vestibular dysfunction (as virtual reality equipment may cause issues like nausea or dizziness).
- Individuals with communication issues, such as hearing or vision loss.

## Locations (1 total)

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Ostinye Üniversitesi Hastanesi Medical Park Gaziosmanpa\_a, Istanbul, Gaziosmanpa\_a, Turkey (Türkiye)