

Comparison of Different Physiotherapy Techniques in Dysmenorrhea

NCT07022106

Status	RECRUITING
Phase	Not Applicable
Sponsor	Medipol University
Enrollment	46 participants

Key Eligibility Criteria

Inclusion (3)

- Diagnosis of primary dysmenorrhea,
- Moderate-to-severe pain during menstrual days 1-3,
- Regular menstrual cycles for past 6 months

Exclusion (3)

- Secondary gynaecological conditions,
- Current use of pain medications,
- History of pregnancy

Locations (1 total)

Istanbul Medipol University, Istanbul, Beykoz, Turkey (Türkiye)