

Behavioral Interventions for Controlling Oral Behaviors

NCT07022795

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Toronto
Enrollment	32 participants

Key Eligibility Criteria

Inclusion (2)

- Individuals reporting a score greater than or equal to 25 on the oral behavior checklist (OBC). The OBC is a self-report questionnaire used to assess the frequency of various daytime and sleep-related oral behaviors, such as teeth clenching, grinding, and jaw tension.
- It helps identify habits that may contribute to temporomandibular disorders (TMD) and orofacial pain.

Locations (1 total)

Faculty of Dentistry, Toronto, Ontario, Canada