

Physiological and Psychological Profiles

NCT07026383

Status	RECRUITING
Sponsor	Princess Nourah Bint Abdulrahman University
Enrollment	60 participants

Key Eligibility Criteria

Inclusion (4)

- Female athletes aged 18-35 years recruited from rugby and basketball teams in Saudi Arabia
- Actively involved in rugby and basketball
- Minimum of one year of experience in their respective sport
- Regular participation in training and competitive events

Exclusion (3)

- Recent injury within the last six months that limits athletic performance
- Pregnancy
- Presence of any chronic medical condition that could influence study outcomes
- Uncontrolled diabetes or hypertension

Locations (1 total)

PNU, Riyadh, Saudi Arabia