

Effects of Foot Reflexology Massage in Migraine

NCT07028684

Status	RECRUITING
Phase	Not Applicable
Sponsor	Karabuk University
Enrollment	20 participants

Key Eligibility Criteria

Inclusion (5)

- Being between the ages of 18-45
- Being diagnosed with migraine by a neurologist according to the International Headache Society (IHS) criteria
- Volunteering to participate in the study
- Being able to read and write
- Not having entered menopause

Exclusion (8)

- Any neurological or musculoskeletal disease other than migraine
 - History of cervical or cranial surgery
 - Irritation or ulceration on the skin area to be reflexologized
 - Receiving non-drug migraine treatment (acupuncture, dry needle, etc.)
 - Those who have received physiotherapy at least 6 months ago
- ... and 3 more (see full listing online)

Locations (1 total)

Karabuk University, Karabük, Turkey (Türkiye)