

Comparison of Arthrogenic Muscle Inhibition (AMI) After ACL Reconstruction in Patients With Conventional Rehabilitation or Conventional Rehabilitation Combined With Digital Therapy

NCT07030764

Status	RECRUITING
Phase	Not Applicable
Sponsor	GCS Ramsay Santé pour l'Enseignement et la Recherche
Enrollment	448 participants

Key Eligibility Criteria

Inclusion (5)

- Patient, male or female, aged e 18 years
- Patient with a scheduled primary ACL reconstruction
- Patient with a smartphone and able to use a mobile application on a smartphone
- Patient affiliated to or benefiting from a social security scheme
- French-speaking patient who has signed an informed consent form

Exclusion (9)

- Patients with residual AMI
- Patient with previous ipsi or contralateral knee surgery
- Patient with a multi-ligament injury
- Patient with contraindications to physical exercise: severe cardiovascular disease or uncontrolled metabolic disease
- Patients with cognitive problems
- ... and 4 more (see full listing online)

Locations (1 total)

Hôpital Privé Jean Mermoz, Lyon, France, France