

# Identifying the Limits of Survivability in Heat-exposed Older Females

NCT07032493

---

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Ottawa
Enrollment	12 participants

## Key Eligibility Criteria

---

### Inclusion (4)

- Non-smoking.
- English or French speaking.
- Ability to provide informed consent.
- With or without a) chronic hypertension (elevated resting blood pressure; as defined by Heart and Stroke Canada and Hypertension Canada), b) type 2 diabetes as defined by Diabetes Canada, with at least 5 years having elapsed since time of diagnosis

### Exclusion (6)

- Episode(s) of severe hypoglycemia (requiring the assistance of another person) within the previous year, or inability to sense hypoglycemia (hypoglycemia unawareness).
- Serious complications related to diabetes (gastroparesis, renal disease, uncontrolled hypertension, severe autonomic neuropathy).
- Uncontrolled hypertension - BP  $\geq$ 150 mmHg systolic or  $\geq$ 95 mmHg diastolic in a sitting position.
- Restrictions in physical activity due to disease (e.g. intermittent claudication, renal impairment, active proliferative retinopathy, unstable cardiac or pulmonary disease, disabling stroke, severe arthritis, etc.).
- Use of or changes in medication judged by the patient or investigators to make participation in this study inadvisable.

... and 1 more (see full listing online)

## Locations (2 total)

---

University of Ottawa, Ottawa, Ontario, Canada  
University of Ottawa, Ottawa, Ontario, Canada

---

<https://clinicaltrials.gov/study/NCT07032493>

DISCLAIMER: This document is for informational purposes only and does not constitute medical advice. Always consult your healthcare provider before enrolling in any clinical trial. Information may not be up to date — verify details at [ClinicalTrials.gov](https://clinicaltrials.gov). Generated by [ClinicalTrialsFinder.org](https://clinicaltrialsfinder.org).