

CBT Effects on Neural, Physiological, and Attentional Responses in Anorexia Nervosa

NCT07037017

Status	RECRUITING
Phase	Not Applicable
Sponsor	Istanbul Nisantasi University
Enrollment	60 participants

Key Eligibility Criteria

Inclusion (6)

- Female participants aged 18 to 35
- Meeting DSM-5 diagnostic criteria for restrictive-type anorexia nervosa
- Body Mass Index (BMI) between 15.0 and 18.5
- Medically stable to participate in psychological and neurophysiological assessments
- Willingness to participate in weekly therapy sessions (for the CBT group) and to complete pre- and post-assessments
- ... and 1 more (see full listing online)

Exclusion (7)

- Current or past diagnosis of bulimia nervosa, binge-eating disorder, or other eating disorders
- Presence of comorbid severe psychiatric disorders (e.g., psychosis, bipolar disorder, substance use disorder)
- History of neurological illness or traumatic brain injury
- Use of psychotropic medication within the last 6 weeks
- Prior participation in structured Cognitive-Behavioral Therapy for an eating disorder
- ... and 2 more (see full listing online)

Locations (1 total)

Üsküdar University Neuro Marketing Lab., Istanbul, Turkey (Türkiye)