

# Effectiveness of a Dietary Supplement in Irritable Bowel Syndrome

NCT07039747

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<b>Status</b>	RECRUITING
<b>Phase</b>	Phase 2
<b>Sponsor</b>	University Hospital, Rouen
<b>Enrollment</b>	100 participants

## Key Eligibility Criteria

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### Inclusion (7)

- Irritable bowel syndrome according to Rome IV criteria
  - Aged between 18 and 75 years
  - IBS-SSS  $\geq$  175 at inclusion
  - For women of childbearing age, use of effective contraception (progestins or oestroprogestins or intrauterine device or tubal ligation) for 1 month unless postmenopausal (amenorrhoea of at least 12 months or biologically confirmed diagnosis) or woman who has had a hysterectomy or salpingectomy.
  - Irritable bowel syndrome treatments that have been stable for more than one month
- ... and 2 more (see full listing online)

### Exclusion (7)

- Taking probiotics, food supplements containing glutamine, anti-inflammatory drugs or antibiotics in the month preceding the study.
  - Allergy to fish and glutamine
  - Known renal insufficiency (Glomerular Filtration Rate (GFR)  $<$  30 mL/min/1.73 m<sup>2</sup>), known hepatic insufficiency (Prothrombin Time (PT)  $>$  70%) or known cardiac disease.
  - History of organic digestive disease (coeliac disease, inflammatory bowel disease, abdominal surgery other than appendectomy or cholecystectomy)
  - Pregnant women, women in labour or breastfeeding mothers
- ... and 2 more (see full listing online)

## Locations (1 total)

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CHU de Rouen, Rouen, France, France

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<https://clinicaltrials.gov/study/NCT07039747>

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