

Outcomes and Complication Rates of Anterior Cruciate Ligament Reconstruction Using the "Over-the-top" Technique Combined With Lateral Extra-articular Tenodesis in Patients Over 50 Years Old, Compared With a Control Group of Patients Under 30

NCT07041242

Status	RECRUITING
Sponsor	Stefano Zaffagnini
Enrollment	164 participants

Key Eligibility Criteria

Inclusion (4)

- Patients operated on between 2007 and 2023 who were over 50 years old at the time of surgery (study group) and patients under 30 years old at the time of surgery (control group).
- Patients who underwent ACL reconstruction using the gracilis and semitendinosus tendons with the over-the-top + LET technique.
- Patients of both male and female sex.
- Patients who have provided consent to participate in the study.

Exclusion (7)

- Previous surgery on the same limb (meniscectomy, prior ACL reconstruction, surgically treated fractures, osteotomies, meniscal transplants).
 - Concomitant surgery on the same limb (osteotomies, meniscal transplants).
 - Surgical technique different from the over-the-top with LET using autologous gracilis and semitendinosus tendons.
 - Other concomitant ligament injuries requiring surgical treatment.
 - Patients younger than 18 years at the time of surgery (minors) or patients aged between 30 and 50 years at the time of surgery.
- ... and 2 more (see full listing online)

Locations (1 total)

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