Evaluating the Combined Use of Supplement and Serum in Promoting Hair Growth in Women With Self-perceived Thinning Hair

NCT07041489

Status	RECRUITING
Phase	Not Applicable
Sponsor	The Center for Clinical and Cosmetic Research
Enrollment	85 participants

Key Eligibility Criteria

Inclusion (7)

- Female adults between 28-65 years of age with consistent self-perceived thinning hair.
- Ludwig Scale I or II (mild to moderate thinning hair loss), assessed clinically.
- Fitzpatrick Skin Types I to VI.
- Agree to maintain their current diet, medications, exercise routines, hair shampooing, and color treatment frequency for the duration of the study.
- Ability and willingness to comply with the study protocol including regular visits and product application.

... and 2 more (see full listing online)

Exclusion (10)

- Pregnant or lactating or planning to become pregnant.
- Changes in hormonal therapy within 6 months prior to enrollment and throughout the study.
- Use of other medical hair loss treatments (e.g., Minoxidil, Dutasteride, Finasteride, laser or light therapy) within 3 months prior to study start and throughout the study.
- Micro-needling, PRP, or any other physical treatment modality on the scalp (within 6 months prior to study start and throughout the study).
- Use of GLP-1 inhibitors (e.g., Semaglutide) within 6 months prior to study start and throughout the study.

... and 5 more (see full listing online)

Locations (2 total)

Skin Wellness Dermatology, Birmingham, Alabama, United States
Center for Clinical and Cosmetic Research, Aventura, Florida, United States