

Clinical-randomized Trial of the Effect of Rehabilitation Therapy Using Strength and Blood Flow Restriction Training on Muscular Fitness and Regeneration After Anterior Cruciate Ligament Reconstruction

NCT07043569

Status	RECRUITING
Phase	Not Applicable
Sponsor	University Hospital, Bonn
Enrollment	30 participants

Key Eligibility Criteria

Inclusion (2)

- ACL reconstruction
- Ability to take part in an outpatient rehabilitation

Exclusion (3)

- Sickle Cell anemia
- iatrogenic changes in the vessels of the lower limbs (stents, bypasses)
- inflammation of the lower extremities

Locations (1 total)

University Hospital Bonn, Bonn, North Rhine-Westphalia, Germany