

# Effect of Exergaming Program Versus Neuromuscular Exercise in Elderly People With Motor Cognitive Risk Syndrome

NCT07045259

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Istanbul University - Cerrahpasa
Enrollment	60 participants

## Key Eligibility Criteria

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### Inclusion (6)

- Being over 65 years of age
- Having a Barthel Daily Living Activities Index score of e 90
- Having a Mini Mental Status Score (MMSE) of e24
- Having the ability to walk with or without a walking aid
- Having a slow walking speed

... and 1 more (see full listing online)

### Exclusion (10)

- Presence of Dementia
- Major Depression
- Generalized Anxiety Disorder and Delirium
- Parkinson's Disease
- Anemia

... and 5 more (see full listing online)

## Locations (1 total)

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Bal1kesir Üniversitesi, Bal1kesir, Turkey (Türkiye)