

# Bilateral Lumbar Decompression Via Uniportal Endoscopic Laminotomy in Patients With Lumbar Spinal Stenosis: Multicentric Case Series

NCT07045714

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Status	RECRUITING
Sponsor	TecSalud Investigación Clínica
Enrollment	78 participants

## Key Eligibility Criteria

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### Inclusion (6)

- Provision of informed consent to participate in the study.
  - Age ≥18 years and <75 years.
  - Patients with lumbar spinal stenosis grade I-III according to the Lee scale.
  - Radicular or myelopathic symptoms.
  - Having undergone complete conservative management, including physical therapy and analgesia, for at least 3 months.
- ... and 1 more (see full listing online)

### Exclusion (7)

- Inability to read or write.
  - Prior lumbar surgeries at the levels to be treated.
  - Infectious symptoms or concomitant rheumatologic diseases.
  - Criteria of lumbar vertebral instability.
  - Congenital spinal malformations.
- ... and 2 more (see full listing online)

## Locations (1 total)

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Hospital Zambrano Hellion, TecSalud, San Pedro Garza García, Nuevo León, Mexico