

# Bowen Technique Versus Dynamic Soft Tissue Mobilization on Pain, Range of Motion and Functional Disability in Patients With Adhesive Capsulitis

NCT07047846

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	University of Lahore
<b>Enrollment</b>	72 participants

## Key Eligibility Criteria

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### Inclusion (4)

- Diagnosed patients of 50-80 years of age
- Grade 2 & 3 (frozen and thawing) adhesive capsulitis
- patients willing to participate in the study
- Only diabetic patients

### Exclusion (4)

- Major mental health problems
- Patients who have a history of surgery on the shoulder, other shoulder diseases including a rotator cuff tear, sub acromial impingement syndrome, and a shoulder labral tear
- Patients taking oral or intra-articular steroids and cortisone injection prior 3 months
- Subjects with rotator cuff tears or other shoulder ligament injuries, H/O arthritis related to shoulder, malignancy, adhesive capsulitis secondary to fractures, dislocation, reflex sympathetic dystrophy, neurological disorder

## Locations (1 total)

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UOL Teaching Hospital, Lahore, Punjab Province, Pakistan