

Health-related Physical Fitness and Executive Function in Older Adults: A Prospective Study

NCT07048561

Status RECRUITING
Sponsor National Taiwan Normal University
Enrollment 200 participants

Key Eligibility Criteria

Inclusion (3)

- Age 65 or above.
- Able to engage in fitness testing.
- Normal vision or corrected-to-normal vision.

Exclusion (7)

- Suffering from cardiopulmonary-related diseases.
 - Suffering from cognitive, neurological or psychiatric disorders (e.g., dementia, Parkinson's disease, epilepsy, depression, schizophrenia, etc.).
 - Suffering from infectious diseases (e.g., hepatitis, human immunodeficiency virus or Creutzfeldt-Jakob disease).
 - Having a history of drug or alcohol abuse.
 - Having colour vision deficiency (e.g., colour blindness).
- ... and 2 more (see full listing online)

Locations (1 total)

National Taiwan Normal University, Taipei, Taiwan