

Comparative Effects of Maitland's Rotation Mobilization and Mulligan's Spinal Mobilization With Leg Movement on Lumbar Radiculopathy

NCT07050966

Status	RECRUITING
Phase	Not Applicable
Sponsor	Foundation University Islamabad
Enrollment	48 participants

Key Eligibility Criteria

Inclusion (4)

- Age: 18-65 years
- Both Males and Females
- Participants with a diagnosis of chronic (e3 months) lumbar unilateral radiculopathy referred from Fauji Foundation Hospital, Rawalpindi
- NPRS score of ≥ 5 and ≤ 8

Exclusion (4)

- Diagnosis of other back conditions (e.g. failed back surgery syndrome, spondylosis, spondylolisthesis, and spinal stenosis, non-specific low back pain, and fracture)
- Non ambulant/wheelchair-bound or having cauda equina syndrome
- Patient taking anticoagulants
- Pregnant Females

Locations (1 total)

Foundation University College of Physical Therapy, Islamabad, Pakistan