

Clinical Study on the Healing of Distal Radius Fractures With Conservative Treatment Assisted by Fu's Subcutaneous Needling

NCT07054463

Status	RECRUITING
Phase	Not Applicable
Sponsor	Guangzhou University of Chinese Medicine
Enrollment	84 participants

Key Eligibility Criteria

Inclusion (7)

- Participants meeting the diagnostic criteria for distal radius fractures as outlined in both the Evidence-Based Guidelines for Diagnosis and Treatment of Adult Distal Radius Fractures (2024) (10) and the clinical practice guidelines (CPG) jointly issued by the American Academy of Orthopaedic Surgeons (AAOS) and the American Society for Surgery of the Hand (ASSH) (11), while also satisfying the following conditions, will be eligible for enrollment:
 - Within 1 week post closed reduction and small splint immobilization treatment.
 - Aged between 18 and 85 years (inclusive).
 - Fracture caused by trauma.
 - Acute fracture (d2 weeks) or first-time fracture.
- ... and 2 more (see full listing online)

Exclusion (6)

- Pathological, open, or nonacute fractures (>2 weeks since injury).
 - Patients with thrombocytopenia, bleeding tendency, or coagulation disorders (INR >1.5 or platelet count <50×10⁹/L).
 - Cognitive impairment or psychiatric disorders affecting treatment compliance and follow-up.
 - Local skin lesions, pregnancy, or lactation.
 - History of syncope during Fu's subcutaneous needling therapy or intolerance to the procedure.
- ... and 1 more (see full listing online)

Locations (1 total)

Guangdong Provincial Hospital of Chinese Medicine, Guangzhou, Guangdong, China