Light Therapy on Pain and Synovitis

NCT07057063

Status	RECRUITING
Phase	Not Applicable
Sponsor	The Hong Kong Polytechnic University
Enrollment	80 participants

Key Eligibility Criteria

Inclusion (6)

- Participants aged between 40 and 80 years
- Able to provide written informed consent
- Have experienced knee pain that persists or recurs for more than 3 months
- A knee pain score of at least 30 mm on the 100-mm Visual Analogue Scale (VAS) during the past week
- Ultrasound-measured knee synovitis e1

... and 1 more (see full listing online)

Exclusion (6)

- Anticipated need for knee surgery within the next one year
- Previous or planned knee replacement within the next one year
- Knee surgery or other physical therapy in the previous 3 months
- Use of intra-articular, intra-muscular, or oral corticosteroids in previous 4 weeks
- Malignant tumors or other life-threatening diseases

... and 1 more (see full listing online)

Locations (2 total)

Buji Community Service Center, Longgang District, Shenzhen, China
The Hong Kong Polytechnic University, Hong Kong, Hong Kong

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