

Effects of Protein Supplementation on Brain Function

NCT07057245

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|-------------------|--------------------------------------|
| Status | RECRUITING |
| Phase | Not Applicable |
| Sponsor | Maastricht University Medical Center |
| Enrollment | 25 participants |

Key Eligibility Criteria

Inclusion (9)

- Men and women, aged between 60-75 years (older adults)
- BMI between 25-35 kg/m² (overweight or obese)
- Fasting plasma glucose \leq 7.0 mmol/L
- Fasting serum total cholesterol \leq 8.0 mmol/L
- Fasting serum triacylglycerol \leq 4.5 mmol/L
- ... and 4 more (see full listing online)

Exclusion (14)

- Intolerant to milk products or fava bean allergy
- Vegetarians
- Left-handedness
- Current smoker, or smoking cessation \leq 12 months
- Diabetic patients
- ... and 9 more (see full listing online)

Locations (1 total)

Maastricht University Medical Center, Maastricht, Limburg, Netherlands