

Efficacy of Adding Greater Occipital Nerve Block to Trigger Point Injection in Patients With Neck Pain

NCT07058636

Status	RECRUITING
Phase	Not Applicable
Sponsor	Ankara Etlik City Hospital
Enrollment	60 participants

Key Eligibility Criteria

Inclusion (5)

- Patients aged between 18 and 65 years.
- Diagnosed with myofascial pain syndrome (MPS) based on the major and minor criteria described by Travell and Simons (a diagnosis requires all 5 major and at least 1 minor criterion)
- Presence of active trigger points in the upper trapezius muscle.
- Patients with neck pain lasting longer than 3 months.
- Pain intensity of e5 on the Visual Analog Scale (VAS).

Exclusion (12)

- Elderly, pediatric, pregnant, postpartum, or breastfeeding individuals; patients in intensive care; unconscious individuals; or legally incapacitated persons.
- Known allergy to local anesthetics used in trigger point injection (e.g., lidocaine, bupivacaine) or to other drugs used (e.g., corticosteroids).
- Patients with bleeding disorders (e.g., hemophilia, thrombocytopenia) or those currently on anticoagulant therapy.
- Presence of active infection at or near the injection site, or any systemic infection; impaired skin integrity.
- Patients with psychiatric disorders that may interfere with treatment response or affect study outcomes.

... and 7 more (see full listing online)

Locations (1 total)

Ankara Etlik City Hospital, Ankara, Turkey (Türkiye)