

Synergic Effects of Schroth Method With and Without Core Stabilization Exercises in Idiopathic Scoliosis Patients

NCT07059663

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Lahore
Enrollment	72 participants

Key Eligibility Criteria

Inclusion (5)

- Age 10 to 18
- X-ray diagnosed of idiopathic scoliosis with Cobb Angle 10°- 30°
- Participants with Idiopathic Scoliosis
- Both genders will be included
- Scoliosis with Down syndrome.

Exclusion (5)

- Any neurological condition such as cerebral palsy or epilepsy.
- Any other orthopedic condition such as hip dysplasia, osteogenesis imperfecta, or leg length discrepancy.
- Surgical history of the spine, such as spinal fusion and decompression surgery.
- Severe systemic disorders such as autoimmune disorders, severe cardiovascular conditions
- Non-Idiopathic Scoliosis

Locations (1 total)

UOL Teaching Hospital, Lahore, Punjab Province, Pakistan