

Building Healthy Eating and Self-Esteem Together for University Students

NCT07060534

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Kansas
Enrollment	74 participants

Key Eligibility Criteria

Inclusion (7)

- Age e 18 years.
- Student enrolled at KU.
- Bulimia nervosa (BN) or binge-eating disorder (BED) (or sub-threshold BN or BED).
- Access to a smartphone.
- No uncorrected vision problems that would interfere with ability to participate in the study.

... and 2 more (see full listing online)

Exclusion (6)

- Presence of current moderate/severe suicidal ideation with active intent.
- Significant psychopathology that could interfere with treatment (e.g., current substance-use disorder or psychosis).
- Medical conditions or medications that could interfere with treatment (e.g., Type 1 diabetes mellitus, cancer, current pregnancy or nursing, taking corticosteroids, etc.).
- Lab abnormalities indicating medical instability (e.g., low heart rate, electrolyte disturbance, acute medical complications of malnutrition) or another medical problem that would prevent outpatient care as determined through physical health assessment by the student's local clinician.
- Already receiving therapy for an ED.

... and 1 more (see full listing online)

Locations (1 total)

University of Kansas, Wakarusa Research Facility, Lawrence, Kansas, United States