

Study on the Use of Exergames to Support Older Adults With Psychosis

NCT07060742

Status	RECRUITING
Phase	Not Applicable
Sponsor	Tobias Melcher
Enrollment	32 participants

Plain Language Summary

This study is testing whether exergames — video games that require physical movement (like balance or motion-based games) — can improve physical fitness and mental well-being in older adults with psychotic disorders (such as schizophrenia) living in care settings.

****You may be eligible if...****

- You are 55 years of age or older
- You have a diagnosed psychotic disorder
- You are able to provide written informed consent
- You score 20 or above on the MoCA (a cognitive screening test), indicating adequate cognition
- You can stand independently for at least 3 minutes

****You may NOT be eligible if...****

- You do not have sufficient knowledge of German to understand instructions and participate
- You have mobility, cognitive, sensory, or psychiatric limitations that make safe participation impossible
- You have conditions that make standing or moving during gameplay unsafe
- You are unable to provide informed consent

Talk to your doctor to see if this trial is right for you.

Key Eligibility Criteria

Inclusion (5)

- Diagnosed psychotic disorders
- Able to provide a signed informed consent
- Age ≥ 55 years
- MoCA ≥ 20
- Physically able to stand for at least 3 minutes without external support (self-report)

Exclusion (2)

- Insufficient knowledge of the German language to understand the instructions, the games, and the assessments
- Mobility, cognitive, sensory and/or psychiatric limitations or comorbidities that impair the ability to play the exergames and/or conduct the pre-/post assessments

Locations (1 total)

Universitäre Psychiatrischen Kliniken (UPK) Basel, Basel, Canton of Basel-City, Switzerland

<https://clinicaltrials.gov/study/NCT07060742>

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