

# Prospective Evaluation on the Role Exerted by Hormonal Contraceptives on 24-h Blood Pressure. A Prospective Observational Study

NCT07061093

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**Status** RECRUITING  
**Sponsor** Ospedale Policlinico San Martino  
**Enrollment** 96 participants

## Key Eligibility Criteria

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### Inclusion (7)

- Sexually active women, at risk for pregnancy and willing to use a contraceptive for at least 4 cycles
- Women with regular menstrual cycles with an intermenstrual period between 21 and 35 days
- An age between 18 and 50 years at time of screening
- Body mass index  $\leq 18$  and  $\leq 30$ ;
- Good physical and mental health;
- ... and 2 more (see full listing online)

### Exclusion (24)

- Contraindications for contraceptive steroids;
- Presence or a history of venous or arterial thrombotic/thromboembolic events (e.g. deep venous thrombosis, pulmonary embolism, myocardial infarction) or of a cerebrovascular accident;
- Presence or history of prodromi of a thrombosis (e.g. transient ischaemic attack, angina pectoris);
- History of migraine with focal neurological symptoms;
- Diabetes mellitus with vascular involvement;
- ... and 19 more (see full listing online)

## Locations (1 total)

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Ospedale San Martino, Genova, GE, Italy