

# Exercise Addiction and Health Risks in Gym Users

NCT07061509

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Status	RECRUITING
Sponsor	Saglik Bilimleri Universitesi
Enrollment	32 participants

## Key Eligibility Criteria

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### Inclusion (4)

- Aged e18 years
- Member of a fitness center
- Regular physical activity (e3 times per week)
- Voluntary participation with informed consent

### Exclusion (3)

- Diagnosed psychiatric illness
- Professional or elite athletes
- Incomplete questionnaire data

## Locations (1 total)

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Esra Pehlivan, Istanbul, Üsküdar, Turkey (Türkiye)