

# Effects of Neuromuscular Reeducation Versus Post Facilitation Stretch Technique for Upper Cross Syndrome Among IT Professionals

NCT07061782

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Foundation University Islamabad
<b>Enrollment</b>	44 participants

## Key Eligibility Criteria

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### Inclusion (1)

- IT professionals 20 - 40 years Both genders Diagnosed UCS Pain from 2 months Minimum 4 - 6 hours working

### Exclusion (1)

- History of cervical spine Fracture Trauma to neck

## Locations (1 total)

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Foundation University College of Physical Therapy, Islamabad, Pakistan