

# Clonidine in Ultrasound-guided Rectus Sheath Block for Outpatient Umbilical Hernioplasty

NCT07062497

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Status	RECRUITING
Phase	Phase 2, Phase 3
Sponsor	Universidade Federal do Rio de Janeiro
Enrollment	62 participants

## Key Eligibility Criteria

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### Inclusion (5)

- Adults aged 18 to 65 years;
- Both male and female participants;
- ASA physical status I or II (American Society of Anesthesiologists classification);
- Scheduled for elective ambulatory umbilical hernia repair;
- Hernial defect size d 4 cm (small to medium).

### Exclusion (6)

- Refusal or inability to provide written informed consent;
- Cognitive or psychiatric disorders that impair comprehension or adherence to the study protocol;
- Known allergy or hypersensitivity to local anesthetics, clonidine, opioids, nonsteroidal anti-inflammatory drugs (NSAIDs), or other analgesics;
- Participation in another clinical trial within the previous 30 days;
- Missing data or loss to follow-up during postoperative assessments;
- ... and 1 more (see full listing online)

## Locations (1 total)

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Policlinica Universitária Piquet Carneiro, Rio de Janeiro, Rio de Janeiro, Brazil