

Bioavailability of Ration Items Containing Tart Cherry Extract

NCT07063173

Status	RECRUITING
Phase	Not Applicable
Sponsor	United States Army Research Institute of Environmental Medicine
Enrollment	15 participants

Key Eligibility Criteria

Inclusion (5)

- Active duty military personnel and civilians will be invited to participate in the study if they:
- Are between the ages of 18 (or 17 for military personnel) and 39.
- Are willing to participate in all study procedures and comply with all study instruction.
- In good health as determined by OMSO (Office of Medical Support and Oversight).
- Supervisor approval for federal civilian employees and non-HRV active-duty military personnel stationed at NSSC

Exclusion (10)

- Unable to understand verbal or written instructions or testing materials in English.
- Have a bleeding disorder (e.g., von Willebrand Disease, hemophilia) or are being treated with medication that will impair blood clotting (for example, coumadin)
- Have a history of GI-related conditions that may impact macronutrient absorption (e.g., Crohn's disease, ulcerative colitis, Celiac's disease or gluten sensitivity, bariatric surgery or gastroparesis, short bowel, inflammatory bowel disease, etc...);
- Any use of antibiotics or antifungal, except topical antibiotics/antifungals within 3 months of study participation.
- Colonoscopy within 3 months of study participation.

... and 5 more (see full listing online)

Locations (1 total)

USARIEM, Natick, Massachusetts, United States