

# Evaluation of Virtual Reality for Reducing Opioid Use After Cardiac and Thoracic Surgery

NCT07063394

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Filomena R B G Galas
Enrollment	60 participants

## Key Eligibility Criteria

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### Inclusion (4)

- Patients undergoing elective cardiac or thoracic surgeries at the Heart Institute (InCor) of the Hospital das Clínicas of the University of São Paulo.
- Eligible thoracic surgeries include: pulmonary decortication, thoracic sympathectomy, video-assisted thoracoscopic surgery (VATS), pulmonary biopsy, and pectus excavatum repair using the Nuss procedure.
- Patients aged between 16 and 40 years.
- Preserved cognitive function, indicated by a Mini-Mental State Examination (MMSE) score of e 25.

### Exclusion (7)

- Visual impairments.
- Cognitive impairment (MMSE d 24).
- Severe upper limb motor limitations.
- Claustrophobia.
- Spatial disorientation.
- ... and 2 more (see full listing online)

## Locations (1 total)

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Incor - Heart Institute - University of Sao Paulo, São Paulo, São Paulo, Brazil