

# Ketone Monoester Supplements, High Altitude, and Brain Blood Flow During Exercise

NCT07063732

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Status	RECRUITING
Phase	Not Applicable
Sponsor	McMaster University
Enrollment	14 participants

## Key Eligibility Criteria

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### Inclusion (1)

- Must be a member of the research expedition team travelling to the Barcroft Research Station in White Mountain California

### Exclusion (6)

- BMI  $\geq$  30
- No prescribed medications (oral contraceptives excluded)
- History of smoking
- Currently following a ketogenic diet or consuming exogenous ketogenic supplements
- History of heart, lung, blood vessel, or kidney disease
- ... and 1 more (see full listing online)

## Locations (2 total)

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Barcroft Research Station, Bishop, California, United States  
University of Guelph, Guelph, Ontario, Canada