

Transperineal Ultrasound as a Biofeedback Tool for Pelvic Floor Muscle Therapy in Postpartum Patients

NCT07065708

Status	RECRUITING
Phase	Not Applicable
Sponsor	Singapore General Hospital
Enrollment	94 participants

Key Eligibility Criteria

Inclusion (3)

- Female participants
- Aged 21 - 45 years old.
- Within 4 months of a singleton, vaginal delivery

Exclusion (5)

- Currently pregnant
- Over 4 months since vaginal birth.
- Previous caesarean delivery.
- Previous pelvic floor surgery (eg. pelvic floor repair, continence surgery, cervicotomy, cosmetic pelvic floor procedures)
- Neurological disorder affecting muscle contraction (eg. Guillan-Barre syndrome, motorneuron disease, multiple sclerosis)

Locations (1 total)

Division of Obstetrics and Gynaecology, Singapore, Singapore