

Whole-Body Vibration and Balneotherapy in Chronic Low Back Pain

NCT07067489

Status	RECRUITING
Phase	Not Applicable
Sponsor	Uludag University
Enrollment	60 participants

Key Eligibility Criteria

Inclusion (5)

- Voluntary consent to participate in the study
- Age between 18 and 65 years
- Having chronic low back pain lasting at least 3 months or recurring at least 3 times per week
- Diagnosis of chronic low back pain by a physical medicine and rehabilitation specialist
- Normal neurological examination findings (no abnormal lower extremity reflexes or anesthesia)

Exclusion (11)

- Presence of radicular pain or radiculopathy
- Spondylolisthesis, spinal stenosis, vertebral infection, or cauda equina syndrome
- Vertebral fracture, axial spondyloarthritis
- History of lumbar spine surgery
- Inflammatory rheumatic disease, psychiatric or neurological disorders
- ... and 6 more (see full listing online)

Locations (1 total)

Bursa Uludag University, Bursa, Nilüfer, Turkey (Türkiye)