

Cannabidiol (CBD) and Stress Response: Psychobiological Mechanisms

NCT07069478

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Minnesota
Enrollment	125 participants

Key Eligibility Criteria

Inclusion (3)

- Adults who are relatively healthy and aged 21-70 years.
- Must keep a normal sleep schedule (sleep during nighttime, awake during daytime).
- Must either (1) use CBD daily/regularly or (2) not use CBD regularly.

Exclusion (6)

- Participated in previous acute stress studies that included a similar stress induction.
- Current, unstable: major psychiatric disorder or medical condition (e.g., uncontrolled hypertension above 160/100).
- Self-reported current pregnancy.
- Self-reported current use of illicit substances (other than cannabis).
- Non-compliance with instructions for study visit (abstinence from alcohol, caffeine, physical activity, etc.)

... and 1 more (see full listing online)

Locations (1 total)

University of Minnesota, Minneapolis, Minnesota, United States