

Virtual Reality for Urinary Incontinence in Women

NCT07070063

Status	RECRUITING
Phase	Not Applicable
Sponsor	Wroclaw University of Health and Sport Sciences
Enrollment	40 participants

Key Eligibility Criteria

Inclusion (4)

- Women aged 50-80 years, who are at least 12 months post-menopausal,
- Diagnosed with urinary incontinence of grade I or IIa according to the ICS classification,
- No contraindications to participation (e.g., acute urinary tract infections, severe neurological disorders),
- Provision of written informed consent to participate in the research experiment.

Exclusion (5)

- Urinary incontinence of grade III or higher,
- Presence of significant neurological conditions affecting bladder control,
- Participation in other therapeutic interventions that could interfere with study outcomes,
- Pregnancy,
- Refusal or inability to provide informed consent.

Locations (1 total)

Independent Public Health Care Center of the Ministry of the Interior and Administration in WrocBaw, Wroclaw, Lower Silesian Voivodeship, Poland