

Nutritional Prehabilitation to Improve Cancer Outcomes (N-PICO)

NCT07072377

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Vermont Medical Center
Enrollment	240 participants

Key Eligibility Criteria

Inclusion (6)

- Diagnosis of invasive cancer with plans to initiate chemo-, immune-, targeted-, or hormonal therapy for treatment of their malignancy, or within one month of starting treatment.
- Age e 18 years of age.
- Patients must be able to read, write, and speak English as study material and virtual nutrition consultation calls are only available in English.
- Patients receiving treatment at a participating ambulatory medical oncology site.
- Willingness to have a remote nutritional consultation and complete questionnaires/surveys.

... and 1 more (see full listing online)

Exclusion (3)

- Diagnosis of acute leukemia (these patients generally receive predominantly inpatient care).
- Diagnosis of head & neck cancer, esophageal cancer, gastric cancer, patients presenting with recognized cachexia or severe malnutrition, or patients with PEG tubes for enteral feeding.
- Rationale: These patients would normally be referred for dietary consultation and may need ongoing clinical intervention from an on-site dietitian beyond the period of the proposed study

Locations (1 total)

University of Vermont Medical Center, Burlington, Vermont, United States