

# Childbirth Education Classes, Spousal Support, Birth Memory, Choice of the Birth Method, and Birth Satisfaction

NCT07072507

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Aydin Adnan Menderes University
Enrollment	93 participants

## Key Eligibility Criteria

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### Inclusion (4)

- Being able to speak and write Turkish
- Nulliparous
- Being in 30-32 weeks of pregnancy
- Having a singleton pregnancy

### Exclusion (6)

- Having communication and psychological problems
- Having multiple pregnancies
- Being overweight and obese
- Being divorced or having lost a spouse
- Not attending more than one session of childbirth preparation classes with/without a spouse
- ... and 1 more (see full listing online)

## Locations (1 total)

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Bursa Uludag University, Bursa, Turkey (Türkiye)