

Dynamic Neuromuscular Stabilization vs Pelvic Floor Muscle Training in Women With Stress Urinary Incontinence

NCT07075900

Status	RECRUITING
Phase	Not Applicable
Sponsor	Izmir Katip Celebi University
Enrollment	51 participants

Key Eligibility Criteria

Inclusion (5)

- Female participants aged between 18 and 65 years
- Diagnosed with stress urinary incontinence or stress-dominant mixed urinary incontinence by a specialist physician
- Having the ability to voluntarily contract the pelvic floor muscles
- Literate in Turkish
- Willing and voluntarily consenting to participate in the study

Exclusion (15)

- Pregnancy
- Presence of urgency-predominant urinary incontinence symptoms or fecal incontinence
- Inability to understand or cooperate with assessment procedures
- Presence of any neurological or rheumatological disease
- Severe cardiac or pulmonary disease
- ... and 10 more (see full listing online)

Locations (1 total)

Ege University, Faculty of Medicine, Department of Obstetrics & Gynecology, Izmir, Turkey (Türkiye)