

Omega-3D: Omega-3 for Diet-Driven Health Disparities

NCT07078344

Status	RECRUITING
Phase	Phase 2
Sponsor	University of Arizona
Enrollment	200 participants

Key Eligibility Criteria

Inclusion (7)

- Age \geq 18 years
- BMI \leq 18.5 kg/m²
- Self-identify as non-Hispanic African American or non-Hispanic European American
- Ability and willingness to transport for regular clinic visits.
- Ability and willingness to swallow study capsules.
- ... and 2 more (see full listing online)

Exclusion (17)

- Age $>$ 65 years
- BMI \leq 40 kg/m²
- Currently pregnant or breastfeeding.
- Currently receiving treatment for cancer (excluding adjuvant therapies).
- Consumption of DHA/EPA-rich fish 2 or more days a week (defined as $>$ 0.5 g DHA or EPA/serving)
- ... and 12 more (see full listing online)

Locations (2 total)

Arizona Cancer Center, Tucson, Arizona, United States
Georgetown University, Washington D.C., District of Columbia, United States