

Investigating in Humans the Impact of Training Status on Dietary Consumption With Direct Measurement of Ingestive Behaviour

NCT07082582

Status RECRUITING
Sponsor Michele Serra
Enrollment 60 participants

Key Eligibility Criteria

Inclusion (7)

- Training status classified as "trained" or "untrained",
- Chronological age e 18 and d 35,
- Body Mass Index e 18.5 and d 26,
- Current enrolment in a university,
- Language: English or German, with a sufficient English proficiency to fill out the food questionnaire,
- ... and 2 more (see full listing online)

Exclusion (12)

- History of previous metabolic and bariatric surgery,
- Current use of medications for medical treatment (excluding contraceptive measures),
- Current use of over-the-counter medications for weight loss or appetite control,
- Current medical diagnosis of metabolic disorders (such as type
- or 2 diabetes mellitus),
- ... and 7 more (see full listing online)

Locations (1 total)

University Hospital Zurich, Zurich, Canton of Zurich, Switzerland