

# The Effect of the Timing of Supplemental Parenteral Nutrition on the Prognosis of Critically Ill Patients (T-SPN)

NCT07085455

---

Status	RECRUITING
Phase	Not Applicable
Sponsor	Dong Zhang
Enrollment	946 participants

## Key Eligibility Criteria

---

### Inclusion (4)

- Age  $\geq$  18 years
- Failure of one or more organ systems within 24 hours of ICU admission, defined as Sequential Organ Failure Assessment (SOFA) score  $\geq$  2 in any single organ system
- Expected ICU stay  $>$  72 hours
- Able to initiate early enteral nutrition (EN) within 48 hours of ICU admission

### Exclusion (1)

- Full oral intake or tolerance of full-dose EN; no need for SPN 2.Receiving palliative care or expected to die within 72 hours 3.Pregnant or lactating women 4.Long-term use of systemic corticosteroids or other immunosuppressive agents 5.Known malignancy currently receiving radiotherapy or chemotherapy 6.Contraindications to parenteral nutrition (PN) 7.Participation in another interventional clinical trial

## Locations (2 total)

---

The First Hospital of Jilin University, Changchun, Jilin, China  
The First Hospital of Jilin University, Changchun, Jilin, China