

A Multi-level Mother-daughter Physical Activity Intervention for Pre-Adolescent Latinas

NCT07088406

Status	RECRUITING
Phase	Not Applicable
Sponsor	San Diego State University
Enrollment	432 participants

Key Eligibility Criteria

Inclusion (9)

- Self-identifying as Latina
- aged 8-11
- not currently meeting CDC's 2018 PA guidelines (60 min MVPA/day)
- attends an elementary school enrolled in the study
- speaks English or Spanish
- ... and 4 more (see full listing online)

Exclusion (3)

- either Mother or Daughter has a health condition that precludes them from doing PA
- cognitive impairment affecting participation,
- inability for mother to provide informed consent or daughter to provide assent in English or Spanish

Locations (1 total)

San Diego State University, San Diego, California, United States